

## **General Information About The Program**

2-month minimum Christian Discipleship Program, where the person will come and live with us on our Ranch for 2 months and be disciplined through the word of God.

- Everything is done according to the Bible **(No psychology or 12-step)**
- This is a working ministry and we do volunteer work on the ranch and in the community.
- We are a non-smoking, non-tobacco product facility (No patch or Nicorette).
- Any person entering into the ministry that is currently taking psychiatric medications is required to sign a medical consent to be weaned off the medication at a rate of 25% per week. There are no exceptions. Absolutely no narcotics, i.e. norco, valium, oxycodone, vicodin etc.
- There are no phone calls or e-mails allowed in or out during the 2 month period. All communication, except on visiting day, is to be done by postal mail with **immediate family members only**; exceptions are given on an individual basis to pastor, deacon, elder if no family is available upon Pastor's approval .
- Visitation starts on the first Sunday following a 14-day probationary period, and every Sunday after that. The hours are from 12 p.m. to 5 p.m., but it is limited to **immediate family only (i.e. Mother, Father, Brother, Sister, Spouse, Children. No fiancés, girlfriends, boyfriends etc.)**
- The only requirements we have are that the individual be over the age of 18; must not use any narcotics, illegal drugs, or alcohol 24-hours prior to enrollment; we cannot accept registered sex offenders; we ask for a \$800.00 donation in the form of money order, cashiers check, or cash, upon entry. (\$100 additional for airport pick-up from, and return to Sacramento International Airport)
- All court appointees must complete the first and second phase of the program for a total of eight months minimum.
- Intakes are done Monday – Friday 9 a.m. to 3:30 p.m., and on Saturday 9 a.m. to 12 p.m.

## **Items to Bring For Men:**

About 1 week's worth of clothing (**maximum of one bag**)

Including:

o A couple of sweatshirts

o Work boots

o Clothes to work in

o NO tank-tops or cut-off sleeves

o NO secular logos (skulls, women, alcohol, etc....)

\*Remember we are located in the mountains 4,000ft elevation so be prepared for moderate to cold 60-30 winters and moderate to hot summers 80-95 so bring attire accordingly.

\*We do get decent amount of snow as well.

\***Bible only**. No other reading material.

\*Spiral notebooks, pens, highlighters, stamps and envelopes

\*Medications - Heart medications, high blood pressure, diabetes, etc., please bring a two-month supply.

Antidepressants, anti-anxiety, and all other psychiatric medications must be consented to gradually wean off at a 25% reduction of the prescribed amount, over the course of a 4-week period.

\*Sleeping bag and pillow

\*Toiletries (cannot contain alcohol)

NO:

Listerine

Cologne / aftershave

Razors are okay

\*Two bath towels and shower shoes (flip-flops)

\*Personal CD player ( No am/fm radios, or iPods )

\*Christian CDs only. ( No copies / recorded CD's, originals only )

\*Laundry Detergent

\*Hamper bag